

It's Happening

AT APPLEWOOD ESTATES

Parlez-vous Français? Some residents at Applewood Estates speak French, and they can practice their language skills every month at the French speaking table in the dining room. CentraState's premiere retirement community offers over 40 different types of social, educational, cultural, spiritual, and recreational activities and events both on and off their 44-acre campus for residents.

Residents can even start their own groups, like Jeanne Lynn, chair of the 45-member Current Events Group. The lively members gather regularly to discuss politics and current events. The group held a candidates forum last October to hear from candidates for the U.S. House and Senate. "It's important to be informed about the issues and know as much as possible about your elected officials," says Jeanne. "There's no question that the presidential and congressional elections heightened interest in politics, so we opened it up to the wider community." The forum included brief statements by each candidate, or candidate's surrogate, followed by an audience question and answer session—"like a town hall meeting," says Jeanne.

A recent addition at Applewood is the opportunity for intergenerational programming with children at CentraState's Early Childhood Center, located onsite at Applewood. The residents have volunteered to share their talents and abilities with the preschool children teaching songs, French, origami, drawing, or reading to them. In return, the children occasionally "treat" the community with a special event infused with their own joy and exuberance.

For more information about Applewood Estates, call (800) 438-0888 or visit www.applewoodestates.com. HD



▲ More than 100 residents and guests listen to spirited dialog at a candidates forum at Applewood Estates premiere retirement community.



▲ Little trick-or-treaters from the Early Childhood Center parade through Applewood Estates during Halloween.

SENIORSFIRST CALENDAR OF EVENTS

JANUARY & FEBRUARY 2009

Call (732) 780-3013 for reservations for all programs.

STROKE SUPPORT GROUP

Jackson, NJ

Mondays, January 12 & February 9, 2 p.m.

DINING OUT PROGRAM AND SENIOR GAMES

Star and Barry Tobias Ambulatory Campus Conference Center

Breakfast: bagels, muffins, hot beverages.

Lunch: wraps, sandwiches, pasta, assorted beverages. **\$7.**

Wednesday, January 14; Monday, February 23, 9:30 a.m.–1 p.m.

SENIORSFIRST MEMBERSHIP LUNCHEON— "FROSTY THE SNOWMAN"

Applewood Estates Performing Arts Center

\$9. Friday, January, 9, 11:30 a.m.

PARKINSON SUPPORT GROUP

Manalapan Senior Center

211 Route 522, Manalapan, NJ

Tuesdays, January 20 & February 17, 11:30 a.m.

SENIORSFIRST MEMBERSHIP LUNCHEON— "BE OUR VALENTINE"

Applewood Estates Performing Arts Center

\$9. Friday, February 13, 11:30 a.m.



▲ "My name is Moses, but just call me Mo," is what this adorable youngster told Applewood residents, seen standing here with longtime resident Amby Levan on Halloween.