

Applewood Times

A Publication of the Applewood Estates Community

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Applewood resident hosts world cycling conference

Applewood resident David Metz, who owns the Metz Bicycle Museum in Freehold, will host the 2009 International Cycling History Conference on July 29-August 1. This prestigious conference is hosted at specially selected historical cycling locations throughout the world. In 2008, the conference was held in St. Etienne, France. Antique cycling aficionados are expected from across the nation and more than 10 countries.

“Hosting this conference is the biggest event in the history of our museum,” says David Metz. “We also hope this event will bring in more visitors from the local community as well.”

Located at 54 West Main Street, the world renown museum is home to one of the world's finest collections of antique bicycles which includes boneshakers,



David Metz

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It's music to our ears

Our community will soon have even more beautiful music to enjoy! Applewood's Performing Arts Center will serve as the new home for Monmouth Symphony Orchestra rehearsals, beginning this fall. While arts organizations continue to feel the pinch of a struggling economy and diminished public funding, Applewood Estates is expanding its support of regional arts organizations.

Applewood residents, several of whom are practicing musicians, will be invited to attend all MSO dress rehearsals and pre-concert talks hosted by Thomas Avakian, the orchestra's program notes author. Residents may also purchase discounted performance tickets.

Performing in the region since 1948, the MSO is comprised of 75 professional and highly skilled amateur musicians from central New Jersey. Performances are held at the Count Basie Theatre in Red Bank. Annually, the MSO also hosts the state-wide Young Artist Concerto Competition attracting the most talented student musicians in New Jersey.

“Our new rehearsal home at Applewood will provide our musicians with a large, high-quality space and terrific acoustics,” says John Preusse, president, Monmouth Symphony Orchestra. “During these challenging times for everyone in the arts, Applewood's contribution of rehearsal space is particularly important to our success.” 🍏



Up Close and Personal

Meet Ambrose LeVan: Applewood's tech guru

When Amby and his wife moved to Applewood 16 years ago, his plan was to retire in all areas except computer science. But he soon found himself making new friends who sometimes needed his expertise to solve a problem—particularly issues related to technology.

Amby enjoyed a demanding career researching and developing aircraft instruments, where it was essential to maintain detailed understanding of the latest advances in mechanical and electronic technology. At Applewood, he generously offers his technical expertise by consulting in a variety of major projects, including the design and installation of the audio visual systems in the Performing Arts Center and conference rooms.

Applewood is now home to most of Amby's machine tools and equipment. He enjoys using his skills and equipment to repair or restore residents' cherished items such as jewelry, watches, china and even antique furniture. Over the years, he also created stained glass windows, elaborate dollhouses and furnishings, marquetry and calligraphy.

Amby continues to enjoy piano and organ tuning in addition to playing for church services and other functions. He is a member of several committees and active in promoting the Applewood Employee Scholarship Fund, which he established in 1999.

"It is my mission to help as many of my fellow residents as possible and to continue to enjoy the lasting pleasure of their friendship." 🍏



Ambrose LeVan

Applewood Staff Profile, Meredith Winick Resident Services Supervisor

Celebrating 10 years of service

"Over the past decade at Applewood, I have learned so much from working with our accomplished residents," says Meredith Winick, resident services supervisor at Applewood Estates since 1999. "They have been blessed with so many life experiences that I haven't encountered yet," she notes. "What they have taught me has far outweighed any help I may have offered them."

On a day-to-day basis, Meredith serves as the main community resource to assist residents with day-to-day needs, such as placing grocery orders, helping purchase gifts, making physician appointments and signing-up for community social events. Her managerial responsibilities include resident assistance and concierge services, and overseeing the community lifestyle coordinator and receptionist.

"Since childhood, my dream has been focused on a career helping others," Meredith says. "I have an outgoing personality and feel genuinely gratified when I can make someone's day a little bit easier and brighter."

Meredith earned a BA in Psychology from Ramapo College. Prior to her role at Applewood, she served as a workshop counselor at the Jewish Vocational Service in East Orange and worked as associate residence manager at the ARC of Monmouth County. 🍏



Meredith Winick

Mission restoration: reviving a spectacular dollhouse

There are dollhouses and then there are DOLLHOUSES. Recently, Geri Silverman, a member of the CentraState Associated Auxiliaries, donated a 4 foot by 3 foot dollhouse kit which has been in various stages of construction for three decades. And Applewood's **Jack and Barbara Hough** volunteered to take on the challenge of finally completing construction of the elaborate home.

"I've been building dollhouses for a long time but this home may be my biggest challenge yet," Jack says. Volunteering to store the dollhouse in his garage, he and Barbara will complete the project over the next few years.

"We live in Florida during the winter and wanted to give ourselves enough time to complete the project the right way," Barbara explains. "My contribution is the fun part—choosing and installing paint and wallpaper in all the rooms."

The dollhouse features genuine hardwood flooring and cedar shake shingles and glass windows. Applewood maintenance staff delivered the dollhouse to the Hough's garage from the donor's home.

Once the project is completed, the dollhouse will be displayed at the CentraState Early Childhood Center at Bright Horizons, located on the Applewood campus. 🍏



Jack Hough

Applewood resident hosts world cycling conference

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high wheelers, quadricycles, tricycles, ordinaries, safeties, children's bikes, trick bikes, and other unusual and one-of-a-kind cycles. Several items on display date back to the Civil War.

David, a longtime Freeholder, has been collecting antiques for the past 50 years. Born on a farm in Cranbury in the 1920's, he farmed land in Monmouth County for several years before launching several successful businesses. He also served on the Board of Trustees at CentraState Healthcare System from 1964 – 1994.

For further information about the museum and conference, visit metzbicyclemuseum.com. 🍏



One of many highlights at the Metz Bicycle Museum, the New Jersey and International Wheelmen visited during their cycling trek to the state of Maryland.

Big Winners - Handmade quilt raffles

Raffle tickets for three spectacular handmade quilts donated by the CentraState Associated Auxiliaries have been sold for months. Finally, at the Applewood Fair on May 16th, the winner's names were drawn and announced.

Funds raised from the raffle were donated through the CentraState Foundation to the Applewood Charitable Fund.

The lucky winners are: 🍏

“Applewood Red” Quilt – S. Morantz
“Scrappy Snuggler” Quilt – Ms. Watowicz
“Sassy” Quilt – L. Taylor

Applewood Fair ‘wows’ hundreds

There was something for everyone at the first-ever Applewood Fair held on May 16th. Community residents brought their individual talents together to design, plan and pull-off their biggest outdoor festival of the year. Although threatening clouds loomed much of the day, the rain held off long enough so that hundreds of area residents and families could join in the fun.

The fair featured carnival rides and games for children; a quilt raffle for three distinctive handmade quilts donated by the CentraState Associated Auxiliaries; hamburgers, hotdogs, snacks and beverages all capped off with an enormous yard sale. Any items remaining at the end of the sale were donated to local charities.

The fair was the brainchild of several Applewood residents who wanted to find a fun and social way to raise money for the Applewood Charitable Fund, administered by the community through the CentraState Foundation. This fund supports philanthropic causes of community interest as well as residents who may outlive their financial resources. The fair was headed by residents Dan Weitekamp, Bryant Gould, Al Lyter, John Cook and Joe Sarno in addition to countless resident volunteers and CentraState employees' support. 🍏



The fair was a bargain hunter's dream. Visitors strolled through the giant yard sale and uncovered treasures including high quality furniture, collectibles and antique dolls.



Children of all ages enjoyed great rides and games during the Applewood Fair. And there was even time for a treat or two!

Learn how
you can save up to
\$100,000*

Join Us!

Brunch & Browse program



- Learn about retirement community living.
- Meet our friendly residents.
- Tour our new 60,000 sq. ft. commons.
- Visit our model apartments and cottage.

Brunch & Browse Dates

Time: 10 a.m.

Tuesday, July 28

Tuesday, August 11

Wednesday, August 19

Space is limited and reservations are required. Please RSVP to 800-438-0888.

It's all happening at Applewood Estates - the region's most progressive retirement community!

Applewood
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CentraState Healthcare System[®]

A member of the Robert Wood Johnson Health Network
An affiliate of The Cancer Institute of New Jersey

**Limited time offer for reservations by Aug. 31, 2009. Varies according to size of residence.*

Discover the Orchard Club

Thinking about calling Applewood home? Become a member of the Orchard Club and enjoy exclusive Applewood benefits including:

- Notices and invitations to Applewood special events
- Dining card for six guest meals
- Invitations to our Solution Series seminars
- Priority notification of the latest Applewood information and special offers
- Two-hour evaluation with a downsizing expert and one hour of "staging" assistance.*Members from outside the tri-state region will receive \$500 off the first monthly service fee in lieu of local service.

Orchard Club membership is confirmed with a \$1,500 deposit which can be refunded at any time or applied toward a future reservation.

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